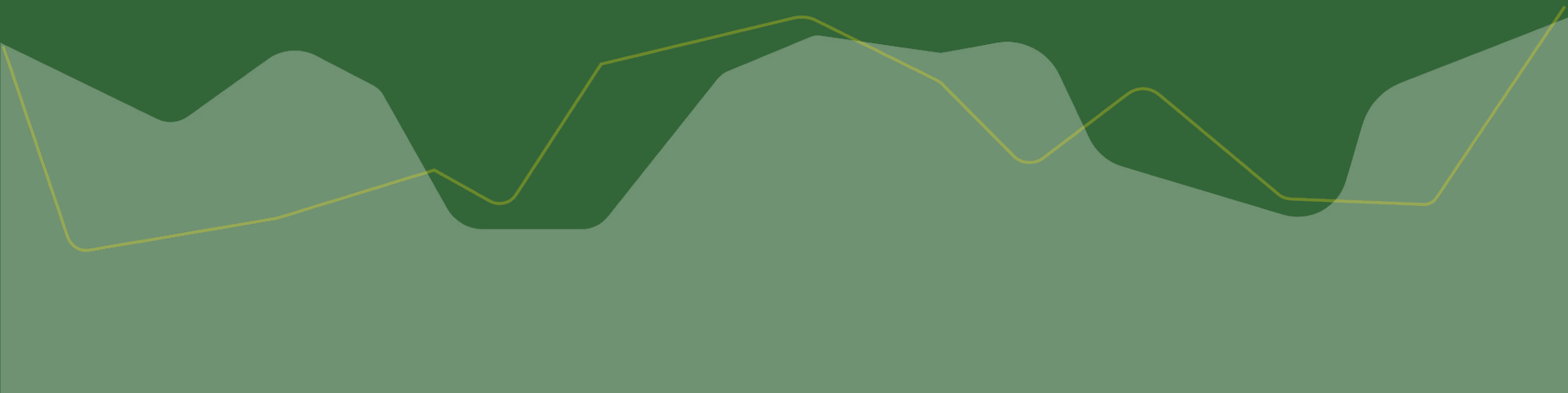


Clarifying your Objectives for this Training School



Monday 11th November 2024

Exercise





Goal Setting – Individually

Having seen the detailed agenda for the week, consider the following:

1. What are my top 3 goals for this training school?
2. How do I hope to apply the learnings from this training school?
3. What questions would I like to have answered
4. Areas I'm most interested in/excited about

15 mins



Goal Setting – In pairs

Share amongst your group what you came up with.
Consider the following:

1. Are there people who share similar goals to you?
2. Do you have similar questions that you would like answers to?
3. What goals and/or aspirations do you have that are unique?

15 mins

Break



Aspirations & Challenges Analysis

Each grab a Blue and Yellow post it note.

- On the Blue post it note write something that you would like to achieve this week (repeat as necessary)
- On the Yellow post it note write something about the training school that will be a challenge for you
- Once your done place your post it notes on the wall
- If you see an existing post it note that is similar to yours put your post it note next to it



10 mins

Feedback



Q & A Session

A decorative white line graphic runs horizontally across the bottom of the slide. It consists of several connected, irregular shapes that resemble a stylized wave or a series of peaks and valleys. The line is thin and white, contrasting with the dark purple background.